

Turkey Taco Soup

POINTS® Value: 3

Servings: 10 (1 cup each)

Ingredients

- 1 pound ground turkey breast
- 1 medium onion(s), chopped
- 1 bell pepper, chopped
- 1 packet of reduced sodium taco seasoning
- 1 packet of Hidden Valley Ranch Dry Mix
- 1 regular can Black Beans (undrained)
- 1 regular can kidney beans (undrained)
- 10 oz can of RoTel Tomatoes (if they're too spicy for you, replace with additional can of regular diced tomatoes) (undrained)
- 1 regular can yellow corn, no salt added (undrained)
- 1 regular can diced tomatoes (undrained)
- 14 oz fat-free, reduced-sodium chicken broth

Instructions

Brown meat and onion & bell pepper. Drain and add taco seasoning packet and ranch dressing seasoning packet. Mix to combine. Transfer meat mixture to pot (I use a crock pot and cook all day). Add in all other ingredients - **DO NOT DRAIN CANS!** Cook either until heated through or all day. This tastes better the day after (and the day after that). It freezes wonderfully!

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