

Ranch Chicken Salad

POINTS® Value: 2

Servings: 4

Ingredients

13-ounce can canned 98% fat free chicken breast

2 tsp Hidden Valley Ranch Dry Mix

1/3 cup Kraft Fat-Free Mayonnaise Dressing

salt & pepper to taste

Instructions

Drain canned chicken breast. Place in large bowl and shred with two forks. In a separate bowl, mix mayonnaise, powdered dressing and salt & pepper. Mix until combined. Add to chicken. Makes 4 ½-cup servings

Mix and serve on crackers or toasted English muffin.*

* **POINTS®** do not include crackers or muffin.

Variations:

Replace ranch dressing with same amount of taco seasoning. You can also add onions or celery.

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