

Pumpkin Spice Muffins

Serving Size – 1 muffin

Points – 2 pts

Ingredients

1 box Betty Crocker Super Moist Spice Cake Mix
1 regular can of pure pumpkin puree (not pie filling)
½ cup applesauce

Directions

Heat oven to 350 degrees. Spray muffin tins with non-stick spray.

Combine all ingredients. The dough will be very thick. Divide evenly into 20 – 24 standard size muffin cups. Bake about 17 minutes. **Do not overcook, they will turn very dry.**

Makes 20 – 24 muffins (same amount of points)

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