

Baked Monte Cristo Sandwiches

POINTS® Value: 4

Servings: 4

Ingredients

8 slice light whole wheat bread

4 serving 2% Kraft Swiss Singles

4 serving Oscar Mayer Deli Style Shaved smoked ham, 24 slices (6 slices each sandwich)

2 egg white(s)

1/2 cup fat-free skim milk

Instructions

Preheat oven to 450. Top four of the bread slices with the cheese slices, then the ham, then the remaining bread slices. If you'd like, some mustard on the sandwich would be good too. Beat the egg whites and milk in a shallow dish. Dip each sandwich into the egg mixture, turning to coat. Let the bread soak about 5 seconds on each side. Place sandwiches on sprayed baking sheet. Bake 6 minutes. Turn, bake an additional 5 minutes. Cut sandwich in half diagonally. Makes 4 servings.

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