

# Individual Meatloaves

**POINTS®** Value: 4

Servings: 6

## Ingredients

2 egg white(s)

1 cup water

1 pound lean ground turkey

1 box unprepared Stove Top Chicken with Whole Wheat

## Instructions

Preheat oven to 350.

Combine all ingredients.

Spray muffin pan with cooking spray.

Divide mixture evenly into 6 muffin cups (pan not paper liners please).

Bake approximately 30-45 minutes.