

# Feta and Spinach Dip

POINTS® Value: 1

Servings: 8 (3 measured tablespoons per serving)

## Ingredients

4 cups spinach, fresh, chopped (about 2 oz)

1/2 cup light cream cheese

1/2 cup fat-free sour cream

1/4 cup crumbled feta cheese

1/4 cup chives, fresh, minced, divided

2 tsp fresh lemon juice

1/4 tsp black pepper

1/4 tsp table salt, or less to taste (optional)

## Instructions

Place spinach in a small saucepan with 2 cups of water. Bring to a boil over high heat and then cook for 1 minute; drain well.

Place spinach, cream cheese, sour cream, feta cheese, 2 tablespoons of chives, lemon juice and pepper in a blender; puree. Taste dip and add salt if desired. Spoon dip into a serving bowl and sprinkle with remaining tablespoon of chives. Yields about 3 tablespoons of dip per serving.

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