

Diet Coke Sloppy Joes

POINTS values per serving | 3
Servings | 6

1 pound extra lean ground beef
1 medium onion
1 1/2 Tbsp all-purpose flour
1 cup Diet Coke
2/3 cup ketchup
2 Tbsp vinegar
1 Tbsp Worcestershire sauce
2 tsp dry mustard

Brown beef and onion in a large skillet. Drain well.

Stir in remaining ingredients. Mix well. Cover and simmer for 30 minutes.

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