

Caramel Apple Salad

POINTS® Value: 2

Servings: 10 (½ cup each)

Ingredients

4 small apple(s), cored & diced
20 oz can crushed pineapple in juice
2 small boxes SF/FF butterscotch Jell-O pudding
8 oz Cool Whip Fat Free Whipped Topping

Instructions

Core, slice and dice apples (leave peel on). Add un-drained pineapple, apples & pudding into a large mixing bowl. Mix well - making sure all dry pudding mix is gone. Add whipped topping and mix well.

Makes Ten (10) 1/2-cup servings. (I measured it out)

Note: There was a rumor that this was 1 point per ½ cup, but I ran it through Recipe Builder on E-Tools and it comes up as 2. I tried it with 1 box of pudding and 2 boxes. I tried it with ½ a tub of Cool Whip & an entire tub of Cool Whip. Still 2 pts. Sorry to burst any bubbles.

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