

Happy Cinco De Mayo!

But I have more to celebrate than Mexico's victory over the French at the Battle of Puebla in 1862 (I bet most of you thought it was Mexico's Independence Day...NOPE...That's September 15th ... Ben's Birthday!)

Anyway...

What do I have to celebrate? Well, first of all - I want to celebrate each and every one of you. Without you, I would not be where I am today. Your support means more than you will ever know.

Ok, Ok, enough with the sappy stuff...I also have another 5 pounds gone to celebrate. That's 61.8 pounds in 16 weeks! *gasp*

I'm gonna be skinny & sexy before you know it! Watch out! :-)

We are also celebrating Mother's Day today with my mother-in-law Naidine. But I'm doing it the right way with Applebee's Weight Watchers menu...French Onion Soup & Skewered Shrimp Salad...YUMMY! That's not a diet...that's living!

Speaking of good food. Here is my Recipe of the Week:

Garlicky Lemon Scallops

<http://www.sponsormyweightloss.com/id18.html>

Everyone have a great week!

I am The Incredible Shrinking...
Tracie Sanderlin - The Happy Loser

<http://www.sponsormyweightloss.com>
<http://www.sponsormyweightloss.com/blog>

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