

Hi all! I did it! This past week I lost another 3 pounds putting me to 25. I have also gone from a size 34W/36W to a 30W/32W in my pants...that's TWO SIZES! I'm going to keep one pair of my 36W jeans as my "Jared Pants" but I looked on Ebay and plus size clothes really sell well...might as well make some \$\$.

Did I mention that Craig has also lost about 20 pounds (could be more by now) since we started 5 weeks ago?

I have also submitted my story to Oprah Winfrey. On her website, they had a list of all the shows they are working on and they have a show in the works about following a persons weight loss. Wouldn't that be COOL????

I will keep you posted whether I hear from the producers or not.

Have a great week!

I am...The Incredible Shrinking...
Tracie Sanderlin - The Happy Loser

<http://www.sponsormyweightloss.com>
<http://www.sponsormyweightloss.com/blog>